



**THESSALONIKI**  
**HORIZON**  
**CUP**

INTERNATIONAL  
ARTISTIC GYMNASTICS  
TOURNAMENT

# **Invitation/Directives**

**Thessaloniki, Greece**

**11 – 13 November 2022**



Dear friends,

The Hellenic Gymnastics Federation in cooperation with the Athletic Gymnastics Clubs Union of Northern Hellas, has the pleasure to invite your Artistic Gymnastics Clubs to participate in the International Tournament “Horizon Cup”.

<b>Discipline</b>	Men’s Artistic Gymnastics (MAG) Women’s Artistic Gymnastics (WAG)					
<b>Host Federation</b>	HELLENIC GYMNASTICS FEDERATION 37 Kifissias Ave., OAKA, Former Athletes Guesthouse (Opposite Fire Station), 15123 Marousi Tel: +30 210 9882458 Fax: +30 210 9887329 Email: ego@otenet.gr Website: www.ego-gymnastics.gr					
<b>Local Organizing Committee</b>	HELLENIC GYMNASTICS FEDERATION in cooperation with ATHLETIC GYMNASTICS CLUBS UNION OF NORTHERN HELLAS Mikra National Sports Center, Hall “Ioannis Melissanidis” 55132 Nea Krini					
<b>Competition Manager</b>	Avraam SAPRANIDIS Email: efiavraamgym@hotmail.com Tel: +30 6972284992					
<b>Location</b>	Nea Krini, Thessaloniki, Greece					
<b>Dates</b>	11 – 13 November 2022					
<b>Venue</b>	Mikra ‘s National Sports Center, Hall “Ioannis Melissanidis” Seats:1.000					
<b>Competition Apparatus</b>	American Athletic Inc. – Spieth (on podium)					
<b>Team Composition</b>		Juniors (MAG)	Pre Juniors (MAG)	Juniors (WAG)	Pre Juniors (WAG)	Total
	Team Leader	1	1	1	1	1
	Team Manager	1	1	1	1	1
	Coach	1	1	2	2	6
	Athletes	4	5	4	5	18
	Judge	1	1	1	1	2
	Doctor/Physio	1	1	1	1	1
						29



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## Age Limits

### MAG

Juniors (Born in 2006-2007)

Pre-Juniors (Born in 2008-2009-2010)

### WAG

Juniors (Born in 2008)

Pre-Juniors (Born in 2009-2010-2011)

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## Rules & Regulations

The event will be organized under the FIG Code of Points 2022-2024

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## Technical Requirements - MAG

Juniors: - FIG Code of Points

Pre-Juniors: The 8 most difficult elements including dismount are calculated for Difficulty Value (DV) as per FIG

All apparatus except for VT:

Too short program:

7-8 = - 0.0 points ( 10.00 )

5-6 = - 2.0 points ( 8.00 )

3-4 = - 4.0 points ( 6.00 )

1-2 = - 6.0 points ( 4.00 )

2 freely chosen Exercise Groups + dismount. Each = 0.50 points

Dismount: A = 0.30, B = 0.50

Connections on floor :

B or higher + B or C = +0.1,

C or higher + C or higher = +0.2

- No connection for Counter Saltos.

- Limit of 2 connections total in an exercise.

VAULT: Gymnasts will perform only one vault

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## Technical Requirements - WAG

Juniors: - FIG Code of Points

Pre-Juniors: The 8 most difficult elements including dismount are calculated for Difficulty Value (DV) as per FIG

All apparatus except for VT:

Too short program:

7-8 = - 0.0 points ( 10.00 )

5-6 = - 2.0 points ( 8.00 )

3-4 = - 4.0 points ( 6.00 )

1-2 = - 6.0 points ( 4.00 )

Compositional Requirements : 3 freely chosen Compositional Requirements + Dismount. Each Compositional Requirement = 0.50 points.

Dismount: A=0.0, B=0.30, C=0.50

VAULT: Gymnasts will perform only one vault

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## Competition Format

### Juniors

Each team can consist of four (4) gymnasts

Three (3) highest scores will count for team score.

### Pre-Juniors

Each team can consist of five (5) gymnasts

Three (3) highest scores will count for team score.

### Note

All gymnasts must register the apparatus in the respective form

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## Awards

### Team

Cup & Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place

### All Around Individual (Separately for each age)

Cup & Medals for 1st, 2nd and 3rd place and diplomas for places 4th-8th

### Apparatus (Separately for each age)

Medals for 1st, 2nd and 3rd place and diplomas for places 4th-8th

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## Drawing of Lots

One week before the competition starts

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## Judges

All participating judges must have a valid National or International Brevet for the Olympic Cycle 2022-2024.

Each Club shall register at minimum 1 judge for men and/or 1 judge for women. Clubs without a registered judge are subject to a penalty of 30.00 euros upon arrival (60.00 euros if the Club is competing with men and women).

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## Provisional Schedule

November 10<sup>th</sup>: Arrival of delegations, Training

November 11<sup>th</sup>: Arrival of delegations, Official Training,  
Orientation Meeting

November 12<sup>th</sup>: Competition (MAG: FX, PH, RI)  
(WAG: VT, UB)

November 13<sup>th</sup>: Competition (MAG: VT, PB, HB)  
(WAG: BB, FX)

November 14<sup>th</sup>: Departure of delegations

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## Invited Clubs

Gymnastic Clubs which are recognized members of the respective National Federations from all over the globe are invited.

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## Entry Fee

The non-reimbursable entry Fee is 40.00 € per Gymnast

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## Costs

The following prices\* are per person, per day and include:

1. Accommodation in hotels close to the Competition Hall (full board, breakfast and dinner)
2. Transportation from Thessaloniki's airport "Macedonia" to the hotels (round trip).
3. Transportation from Thessaloniki's Rail Station to the hotels (round trip)

*(\*) the price includes all taxes*

### Hotels:

#### ATHLOS HOTEL THESSALONIKI

Triple Room: 60.00 €

Double Room: 75.00 €

Single Room: 90.00 €

#### FOUR SEASONS HOTEL THESSALONIKI

Triple Room: 60.00 €

Double Room: 75.00 €

Single Room: 90.00 €

The Accommodation Form must be returned to the Local Organizing Committee by October 10<sup>th</sup> 2022. Hotel room will be allocated on a "first come, first serve" basis.

The participating clubs must pay for the accommodation expenses of their delegation members.

The costs for accommodation must be paid to the Local Organizing Committee as follows:

50% until October 10<sup>th</sup> 2022 and the rest 50% upon arrival.

Please notify the Local Organizing Committee for your hotel choice through the online form.

### Cancelation/Reimbursement Policy

50% of accommodation costs are refundable in case of cancelation at least 1 month prior to arrival. For cancelations after October 10<sup>th</sup>, there will be no reimbursement.

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## International Transportation

The invited participating Clubs must pay for the International Travel Costs of their delegation members.

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	The Travel Schedule Form must be returned to the LOC by October 26 <sup>th</sup> at 23:59.	
<b>Visa</b>	Please verify immediately with your travel agent or the Greek Embassy or Consulate in your country if a visa is required for your travel to Greece. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before October 10 <sup>th</sup> , 2022 to the LOC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, arrival and departure dates of the Delegation Members as well as the city the visa application support letter must be sent to.	
<b>Insurance</b>	The Host Federation and the LOC will not be held responsible for any liabilities in case of accidents, illness and repatriation. All participating Clubs are responsible for making their own arrangements to have the necessary valid insurance coverage for illness, accidents and for repatriation. Medical services will be offered on the competition venue.	
<b>Accreditation</b>	Delegation accreditation will take place upon arrival. For accreditation, team leaders are required to provide the following: <ul style="list-style-type: none"> <li>- Passports of all members of the delegation</li> <li>- Proof of medical insurance of all members of the delegation</li> <li>- CD with music for Women FX (2 copies)</li> </ul>	
<b>Covid protocol</b>	You will be provided with information regarding the country's Covid protocols at the time of the event.	
<b>Financial Obligations and Bank Account</b>	<p>Payment of 100% of Entry Fee: October 23<sup>rd</sup> 2022 (non-refundable)</p> <p>Payment of Accommodation Costs: 50% by October 10<sup>th</sup> 2022 50% before arrival</p> <p>Each participating club is kindly requested to integrate the payments purpose as follows:</p> <p>HELLENIC GYMNASTICS FEDERATION Bank: National Bank of Greece (NBG) IBAN: GR71 0110 0800 0000 0804 8077 666 BIC: ETHNGRAA</p> <p>The participating Club is responsible for covering all bank fees in connection with the bank transfer.</p>	
<b>Registrations</b>	Registrations will be made online via the official website of the event ( <a href="http://www.horizon-cup.gr">www.horizon-cup.gr</a> )	
<b>Registration &amp; Payment Deadlines</b>	Provisional Registration Form	September 12 <sup>th</sup> 2022
	Registration Form (final)	September 26 <sup>th</sup> 2022



Nominative Registration Form	October 10 <sup>th</sup> 2022
Accommodation Form	October 10 <sup>th</sup> 2022
Payment of Accommodation Costs (50%)	October 10 <sup>th</sup> 2022
Visa Request Form	October 10 <sup>th</sup> 2022
Payment of Entry Fee	October 23 <sup>rd</sup> 2022
Travel Schedule Form	October 26 <sup>th</sup> 2022

Yours sincerely,

Hellenic Gymnastics Federation

**Athanasios Stathopoulos**  
President



**Konstantinos Pantazis**  
Secretary General